



COVID-19 Travel Guidance for Students

Every member of society needs to stay alert in order to control the virus and save lives. Students can play their part and help control the spread of the virus by following social distancing guidance on and off campus so that Norland, the local community and their family will stay safe.

The following outlines the current government guidance on travelling safely during the COVID-19 pandemic. Students are expected to adhere to these guidelines at all times.

Travelling to and from college or placement

- If you can, you should walk or cycle as much as possible. There is space for students to store their bikes whilst on campus
- Plan ahead and read the following advice on [cycle safety](#) and [road safety](#) available from the Department for Transport (DfT) website
- If you must use public transport, please continue to follow the latest [government guidance](#) to ensure you are travelling safely. This guidance is also helpful for when you travel at the beginning and end of term. The guidance includes the following suggestions:
 - Plan your journey in advance and avoid busy routes and times (rush hour)
 - Wear a face covering unless you are exempt
 - Maintain social distancing guidelines
 - Wash and/or sanitise your hands before and after you travel
- **Face coverings must be worn for the entire journey. You can be fined up to £3,200 for not observing this rule**
- If you travel by car, please read the DfT's [helpful tips and advice](#) for road users
- Try to avoid sharing car journeys with other households. However, if this cannot be avoided, please follow current government guidance:
 - Share your car with the same people each time
 - Open windows for ventilation
 - All occupants of the car must wear a face covering for the entire journey, unless exempt
 - Consider the seating arrangements to maximise the distance between people in the car
 - Wipe down all areas that have been touched after each journey, this includes door handles, seat belt buckles and other areas that people may have touched
 - All occupants of the car must wash/sanitise their hands before and after travelling

Travelling home during term

- We strongly advise against students going home for weekends during term time where possible
- **Students who are self-isolating must not travel home**

Travelling home during holidays

- **Students who are self-isolating must not travel home**
- All students travelling from overseas have to quarantine for two weeks upon their return and will not be permitted to return to college until this period of time has passed
- All students travelling abroad should adhere to the government [guidelines](#) regarding travel
- Please inform absence@norland.ac.uk if you are travelling abroad



1. Plan your journey



Plan ahead and use a direct route



Plan your journey in advance and avoid busy times and routes



You must wear a face covering on public transport unless you are exempt

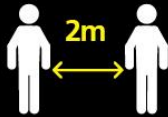


If you require assistance you should continue to request this as you normally would



Wash or sanitise your hands before beginning your journey

2. On your journey



Maintain 2 metre distance where possible



You must wear a face covering on public transport unless you are exempt



Use contactless payment where possible



Be patient and follow instructions from transport staff



Avoid facing other passengers if you can

3. Completing your journey

When finishing your journey, you should:



Follow guidance at your destination



Walk and cycle from public transport to your destination, where possible



Wash or sanitise your hands as soon as possible