



**Norland  
COVID-19  
Travel Guidance  
for Students**

Every member of society needs to stay alert in order to control the virus and save lives. Students can play their part and help control the spread of the virus by following social distancing guidance on and off campus so that Norland, the local community and their family will stay safe.

The following outlines the current government guidance on travelling safely during the COVID-19 pandemic. Please remember that it is currently against the law to leave home to travel unless it is for a legally permitted reason. These include for work that cannot be carried out at home, for educational purposes, for volunteering, to visit people in your support bubble, for exercise with one other person from your household or support bubble and for medical reasons. The full list of legally permitted reasons can be found [here](#). Students are expected to adhere to these guidelines at all times.

### **Travelling to and from campus or placement**

- If you can, you should walk or cycle as much as possible. There is space for students to store their bikes whilst on campus
- Plan ahead and read the following advice on [cycle safety](#) and [road safety](#) available from the Department for Transport (DfT) website
- If you must use public transport, please continue to follow the latest [government guidance](#) to ensure you are travelling safely. This guidance is also helpful for when you travel at the beginning and end of term. The guidance includes the following suggestions:
  - Plan your journey in advance and avoid busy routes and times (rush hour)
  - Wear a face covering unless you are exempt
  - Maintain social distancing guidelines
  - Wash and/or sanitise your hands before and after you travel
  - Avoid the busiest routes if possible
  - Use the NHS COVID-19 app to check in on the journey, where you see the official NHS COVID-19 QR code posters
- **Face coverings must be worn for the entire journey. You can be fined up to £6,400 for not observing this rule**
- If you travel by car, please read the DfT's [helpful tips and advice](#) for road users
- Try to avoid sharing car journeys with other households. However, if this cannot be avoided, please follow current government guidance:
  - Share your car with the same people each time
  - Open windows for ventilation
  - All occupants of the car must wear a face covering for the entire journey, unless exempt
  - Consider the seating arrangements to maximise the distance between people in the car
  - Wipe down all areas that have been touched after each journey, this includes door handles, seat belt buckles and other areas that people may have touched
  - All occupants of the car must wash/sanitise their hands before and after travelling

### **Travelling home during term**

- Once you have returned to your term-time accommodation you must remain living there unless an exemption to the national restrictions on leaving home and gatherings applies. You must only travel home where you have a legally permitted reason to do so. If students rely on an exemption to travel home (for example if you need to move home temporarily because of illness or mental ill-health), you should ensure that you test as soon as possible on your return to Norland. We strongly advise against students going home for weekends during term time where possible
- **Students who are self-isolating must not travel home**

### **Travelling home during holidays**

- **Students who are self-isolating must not travel home**
- Subject to further guidance from the Government, it is our intention that all students will be able to return home for the Easter holidays. The current testing regime should mean that this can be done safely.
- Before travelling to or from the UK, students should:
  - check entry requirements and restrictions that have been introduced due to coronavirus (COVID-19)
  - ensure that prior to departing for England they have shown proof of a negative coronavirus (COVID-19) test result taken within three days of departure to their transport operator. For more information on travelling abroad and testing please see [here](#).
  - note that all inbound UK travel corridors have been temporarily suspended to protect against new international variants. All passengers are now required to self isolate for 10 days on arrival. More information is available on gov.uk
  - confirm whether you are travelling from a red-list country. There are different arrival procedures for individuals travelling from a red-list country and individuals travelling from a country not on the red-list
- All students travelling abroad should adhere to the government [guidelines](#) regarding travel
- Please inform [absence@norland.ac.uk](mailto:absence@norland.ac.uk) if you are travelling abroad



## 1. Plan your journey



Plan ahead and use a direct route



Plan your journey in advance and avoid busy times and routes



You must wear a face covering on public transport unless you are exempt

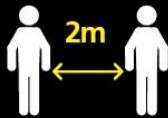


If you require assistance you should continue to request this as you normally would



Wash or sanitise your hands before beginning your journey

## 2. On your journey



Maintain 2 metre distance where possible



You must wear a face covering on public transport unless you are exempt



Use contactless payment where possible



Be patient and follow instructions from transport staff



Avoid facing other passengers if you can

## 3. Completing your journey

When finishing your journey, you should:



Follow guidance at your destination



Walk and cycle from public transport to your destination, where possible



Wash or sanitise your hands as soon as possible